



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Senftleben, Ulrike

Club: Ilmenau
Number: 216

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W30 (30-34)

Total time: 57:48

Speed: 9.34 km/h
Running performance: 6:05 min/km

Rank in course/Total: 185 (of 248)

Rank in course/Women: 60 (of 96)

Best time in course: 40:45

Rank in category: 4(of 8)

Best time in the category: 50:50