



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Fehringer, Carsten

Club: SC Motor Zella-Mehlis
Number: 43

Course: 9.50 km
Kurze Strecke

Category:
Senioren M55 (55-59)

Total time: 57:56

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 187 (of 248)

Rank in course/Men: 126 (of 152)

Best time in course: 33:01

Rank in category: 16(of 21)

Best time in the category: 40:24