



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Grube, Alexander

Number: 69

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M30 (30-34)

Total time: 58:26

Speed: 9.24 km/h  
Running performance: 6:09 min/km

Rank in course/Total: 192 (of 248)

Rank in course/Men: 130 (of 152)

Best time in course: 33:01

Rank in category: 13(of 14)

Best time in the category: 37:40