



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Ehrhardt, Nadine

Number: 36

Course: 9.50 km

Kurze Strecke

Category:

Seniorinnen W30 (30-34)

Total time: 59:30

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 203 (of 248)

Rank in course/Women: 71 (of 96)

Best time in course: 40:45

Rank in category: 6(of 8)

Best time in the category: 50:50