



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Hartl, Detlef

Club: TSV 1899 Heyda
Number: 243

Course: 9.50 km
Kurze Strecke

Category:
Senioren M55 (55-59)

Total time: 59:45

Speed: 9.04 km/h
Running performance: 6:17 min/km

Rank in course/Total: 204 (of 248)

Rank in course/Men: 133 (of 152)

Best time in course: 33:01

Rank in category: 19(of 21)

Best time in the category: 40:24