



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Liebold, Joleen

Club: SV Sömmerda e.V.  
Number: 126

Course: 9.50 km  
Kurze Strecke

Category:  
Frauen (20-29)

Total time: 42:47

Speed: 13.32 km/h  
Running performance: 4:30 min/km

Rank in course/Total: 20 (of 248)

Rank in course/Women: 3 (of 96)

Best time in course: 40:45

Rank in category: 2(of 12)

Best time in the category: 40:45