



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

**Raab, Marina**

Club: Lauftreff Plaue  
Number: 149

Course: 9.50 km  
Kurze Strecke

Category:  
Seniorinnen W60 (60-64)

Total time: 1:00:59

Speed: 8.85 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 211 (of 248)

Rank in course/Women: 75 (of 96)

Best time in course: 40:45

Rank in category: 1(of 3)

Best time in the category: 1:00:59