



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Senger, Caroline

Number: 182

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W35 (35-39)

Total time: 1:02:26

Speed: 8.65 km/h

Running performance: 6:34 min/km

Rank in course/Total: 216 (of 248)

Rank in course/Women: 80 (of 96)

Best time in course: 40:45

Rank in category: 16(of 18)

Best time in the category: 44:19