



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Halbedel, Tom

Number: 72

Course: 9.50 km
Kurze Strecke

Category:
Senioren M40 (40-44)

Total time: 43:16

Speed: 12.48 km/h
Running performance: 4:33 min/km

Rank in course/Total: 22 (of 248)

Rank in course/Men: 19 (of 152)

Best time in course: 33:01

Rank in category: 5(of 15)

Best time in the category: 35:21