



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Rösler, Jens

Number: 162

Course: 9.50 km
Kurze Strecke

Category:
Senioren M55 (55-59)

Total time: 1:04:08

Speed: 8.42 km/h

Running performance: 6:45 min/km

Rank in course/Total: 222 (of 248)

Rank in course/Men: 141 (of 152)

Best time in course: 33:01

Rank in category: 20(of 21)

Best time in the category: 40:24