



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Singer, Angelika

Club: Südthuringentrail e.V.
Number: 185

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W45 (45-49)

Total time: 1:04:48

Speed: 8.80 km/h
Running performance: 6:49 min/km

Rank in course/Total: 225 (of 248)

Rank in course/Women: 83 (of 96)

Best time in course: 40:45

Rank in category: 9(of 12)

Best time in the category: 41:20