



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Gerngroß, Thomas

Club: ThSV 1886 Geschwenda
Number: 58

Course: 9.50 km
Kurze Strecke

Category:
Senioren M50 (50-54)

Total time: 43:08

Speed: 12.52 km/h
Running performance: 4:32 min/km

Rank in course/Total: 21 (of 248)

Rank in course/Men: 18 (of 152)

Best time in course: 33:01

Rank in category: 3(of 14)

Best time in the category: 39:03