



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Greiner, Daniel

Club: SV Sömmerda e.V.
 Number: 268

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39)

Total time: 1:06:23

Speed: 16.27 km/h
 Running performance: 3:35 min/km

Rank in course/Total: 1 (of 116)

Rank in course/Men: 1 (of 94)

Best time in course: 1:06:23

Rank in category: 1(of 11)

Best time in the category: 1:06:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	32:45	3:31	1	-	1	-	9.30	32:45	3:31	1	-	1	-
Runde	9.00	32:59	3:39	1	-	1	-	18.30	1:05:44	3:35	1	-	1	-
Finish	0.20	0:39	3:15	1	-	1	-	18.50	1:06:23	3:35	1	-	1	-