



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Lindemann, Uwe

Club: SSV Saalfeld
Number: 127

Course: 9.50 km
Kurze Strecke

Category:
Senioren M60 (60-64)

Total time: 1:07:54

Speed: 7.95 km/h
Running performance: 7:09 min/km

Rank in course/Total: 233 (of 248)

Rank in course/Men: 146 (of 152)

Best time in course: 33:01

Rank in category: 15(of 15)

Best time in the category: 43:27