



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Voigtmann, Katja

Club: VfB Torpedo Ichttershausen
 Number: 332

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W30 (30-34)

Total time: 1:14:48

Speed: 14.44 km/h
 Running performance: 4:02 min/km

Rank in course/Total: 8 (of 116)
 Rank in course/Women: 1 (of 22)
 Best time in course: 1:14:48

Rank in category: 1(of 5)
 Best time in the category: 1:14:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	37:21	4:00	1	-	1	-	9.30	37:21	4:00	1	-	1	-
Runde	9.00	36:46	4:05	1	-	1	-	18.30	1:14:07	4:03	1	-	1	-
Finish	0.20	0:41	3:24	1	-	1	-	18.50	1:14:48	4:02	1	-	1	-