



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Roth, Klaus

Number: 163

Course: 9.50 km
Kurze Strecke

Category:
Senioren M70 (70-74)

Total time: 1:17:24

Speed: 6.98 km/h

Running performance: 8:09 min/km

Rank in course/Total: 242 (of 248)

Rank in course/Men: 149 (of 152)

Best time in course: 33:01

Rank in category: 6(of 6)

Best time in the category: 43:42