



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Wächter, Hartmut

Club: SG Motor Arnstadt
Number: 200

Course: 9.50 km
Kurze Strecke

Category:
Senioren M70 (70-74)

Total time: 43:42

Speed: 13.04 km/h
Running performance: 4:36 min/km

Rank in course/Total: 26 (of 248)

Rank in course/Men: 23 (of 152)

Best time in course: 33:01

Rank in category: 1(of 6)

Best time in the category: 43:42