



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Spantig, Silke

Total time: 1:14:29

Speed: 7.65 km/h

Number: 439

Course: 9.50 km

Rank in course/Total: 7 (of 51)

Nordic Walking

Rank in course/Women: 1 (of 39)

Best time in course: 1:14:29

Category:

Rank in category: 1(of 39)

Nordic Walking Frauen

Best time in the category: 1:14:29