



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Hansmann, Tobias

Club: HSV-Weimar-Triathlon
 Number: 272

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M35 (35-39)

Total time: 1:19:05

Speed: 13.66 km/h
 Running performance: 4:16 min/km

Rank in course/Total: 12 (of 116)

Rank in course/Men: 11 (of 94)

Best time in course: 1:06:23

Rank in category: 4(of 11)

Best time in the category: 1:06:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	39:39	4:15	4	6:54	15	6:54	9.30	39:39	4:15	4	6:54	15	6:54
Runde	9.00	38:35	4:17	4	5:36	11	5:36	18.30	1:18:14	4:16	4	12:30	11	12:30
Finish	0.20	0:51	4:15	5	0:12	38	0:12	18.50	1:19:05	4:16	4	12:42	11	12:42