



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Stengel, Gudrun

Number: 188

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W60 (60-64)

Total time: 1:19:55

Speed: 7.13 km/h

Running performance: 8:25 min/km

Rank in course/Total: 246 (of 248)

Rank in course/Women: 95 (of 96)

Best time in course: 40:45

Rank in category: 3(of 3)

Best time in the category: 1:00:59