



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Fischer, Thomas

Total time: 1:20:16

Number: 265

Speed: 13.83 km/h

Running performance: 4:20 min/km

Course: 18.50 km

Rank in course/Total: 18 (of 116)

Lange Strecke

Rank in course/Men: 17 (of 94)

Best time in course: 1:06:23

Category:

Rank in category: 3(of 19)

Senioren M50 (50-54)

Best time in the category: 1:14:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	39:44	4:16	3	3:03	16	6:59	9.30	39:44	4:16	3	3:03	16	6:59
Runde	9.00	39:48	4:25	2	2:30	19	6:49	18.30	1:19:32	4:20	3	5:33	17	13:48
Finish	0.20	0:44	3:39	2	0:02	11	0:05	18.50	1:20:16	4:20	3	5:35	17	13:53