



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Papst, Kathrin

Club: Meininger Mountainbike Club e.V.
 Number: 348

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W45 (45-49)

Total time: 1:26:57

Speed: 12.42 km/h
 Running performance: 4:42 min/km

Rank in course/Total: 30 (of 116)

Rank in course/Women: 2 (of 22)

Best time in course: 1:14:48

Rank in category: 1(of 3)

Best time in the category: 1:26:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	43:18	4:39	1	-	3	5:57	9.30	43:18	4:39	1	-	3	5:57
Runde	9.00	42:46	4:45	1	-	2	6:00	18.30	1:26:04	4:42	1	-	2	11:57
Finish	0.20	0:53	4:24	1	-	4	0:12	18.50	1:26:57	4:42	1	-	2	12:09