



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Badstübner, Jens

Club: SC DHfK Leipzig  
Number: 253

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M60 (60-64)

Total time: 1:27:52

Speed: 12.29 km/h  
Running performance: 4:45 min/km

Rank in course/Total: 32 (of 116)

Rank in course/Men: 30 (of 94)

Best time in course: 1:06:23

Rank in category: 1(of 5)

Best time in the category: 1:27:52

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde              | 9.30     | 43:54      | 4:43         | 1           | -           | 32      | 11:09      | 9.30          | 43:54      | 4:43         | 1        | -           | 32      | 11:09      |
| Runde              | 9.00     | 43:08      | 4:47         | 1           | -           | 30      | 10:09      | 18.30         | 1:27:02    | 4:45         | 1        | -           | 30      | 21:18      |
| Finish             | 0.20     | 0:50       | 4:10         | 2           | 0:01        | 31      | 0:11       | 18.50         | 1:27:52    | 4:44         | 1        | -           | 30      | 21:29      |