



18. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Badstübner, Jens

Club: SC DHfK Leipzig

Number: 253

Course: 18.50 km

Lange Strecke

Category:

Senioren M60 (60-64)

Total time: 1:27:52

Speed: 12.29 km/h

Running performance: 4:45 min/km

Rank in course/Total: 32 (of 116)

Rank in course/Men: 30 (of 94)

Best time in course: 1:06:23

Rank in category: 1(of 5)

Best time in the category: 1:27:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	43:54	4:43	1	-	32	11:09	9.30	43:54	4:43	1	-	32	11:09
Runde	9.00	43:08	4:47	1	-	30	10:09	18.30	1:27:02	4:45	1	-	30	21:18
Finish	0.20	0:50	4:10	2	0:01	31	0:11	18.50	1:27:52	4:44	1	-	30	21:29