



18. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Wagner, Philipp

Club: Langstrecke Arnstadt
Number: 333

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39)

Total time: 1:28:40

Speed: 12.18 km/h
Running performance: 4:47 min/km

Rank in course/Total: 36 (of 116)

Rank in course/Men: 33 (of 94)

Best time in course: 1:06:23

Rank in category: 6(of 11)

Best time in the category: 1:06:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	44:05	4:44	6	11:20	34	11:20	9.30	44:05	4:44	6	11:20	34	11:20
Runde	9.00	43:47	4:51	6	10:48	34	10:48	18.30	1:27:52	4:48	6	22:08	33	22:08
Finish	0.20	0:48	4:00	4	0:09	29	0:09	18.50	1:28:40	4:47	6	22:17	33	22:17