



18. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Sacher - Schmidt, Peter

Club: Fit mit Schmidt  
 Number: 312

Course: 18.50 km  
 Lange Strecke

Category:  
 Senioren M55 (55-59)

Total time: 1:28:55

Speed: 12.15 km/h  
 Running performance: 4:49 min/km

Rank in course/Total: 37 (of 116)

Rank in course/Men: 34 (of 94)

Best time in course: 1:06:23

Rank in category: 3(of 11)

Best time in the category: 1:20:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	44:04	4:44	3	3:21	33	11:19	9.30	44:04	4:44	3	3:21	33	11:19
Runde	9.00	44:01	4:53	3	4:53	35	11:02	18.30	1:28:05	4:48	3	8:14	34	22:21
Finish	0.20	0:50	4:10	4	0:05	31	0:11	18.50	1:28:55	4:48	3	8:19	34	22:32