



18. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Kemter, Thomas

Club: SV Motor Königsee eV
Number: 342

Course: 18.50 km
Lange Strecke

Category:
Senioren M40 (40-44)

Total time: 1:32:03

Speed: 12.06 km/h
Running performance: 4:59 min/km

Rank in course/Total: 49 (of 116)

Rank in course/Men: 46 (of 94)

Best time in course: 1:06:23

Rank in category: 15(of 23)

Best time in the category: 1:11:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	45:54	4:56	15	11:36	47	13:09	9.30	45:54	4:56	15	11:36	47	13:09
Runde	9.00	45:16	5:01	15	9:46	45	12:17	18.30	1:31:10	4:58	14	20:29	45	25:26
Finish	0.20	0:53	4:24	15	0:14	50	0:14	18.50	1:32:03	4:58	15	20:40	46	25:40