



18. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Fischer, Bärbel

Total time: 1:34:30

Number: 264

Speed: 11.43 km/h

Running performance: 5:07 min/km

Course: 18.50 km

Rank in course/Total: 54 (of 116)

Lange Strecke

Rank in course/Women: 5 (of 22)

Best time in course: 1:14:48

Category:

Rank in category: 2(of 4)

Seniorinnen W55 (55-59)

Best time in the category: 1:33:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|---------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|         |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde   | 9.30     | 46:15      | 4:58         | 2           | 0:16        | 5         | 8:54         | 9.30          | 46:15      | 4:58         | 2        | 0:16        | 5         | 8:54         |
| Runde   | 9.00     | 47:24      | 5:15         | 2           | 1:10        | 6         | 10:38        | 18.30         | 1:33:39    | 5:07         | 2        | 1:26        | 5         | 19:32        |
| Finish  | 0.20     | 0:51       | 4:15         | 1           | -           | 3         | 0:10         | 18.50         | 1:34:30    | 5:06         | 2        | 1:22        | 5         | 19:42        |