



18. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Fischer, Bärbel

Total time: 1:34:30

Number: 264

Speed: 11.75 km/h

Running performance: 5:07 min/km

Course: 18.50 km

Rank in course/Total: 54 (of 116)

Lange Strecke

Rank in course/Women: 5 (of 22)

Best time in course: 1:14:48

Category:

Rank in category: 2(of 4)

Seniorinnen W55 (55-59)

Best time in the category: 1:33:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	46:15	4:58	2	0:16	5	8:54	9.30	46:15	4:58	2	0:16	5	8:54
Runde	9.00	47:24	5:15	2	1:10	6	10:38	18.30	1:33:39	5:07	2	1:26	5	19:32
Finish	0.20	0:51	4:15	1	-	3	0:10	18.50	1:34:30	5:06	2	1:22	5	19:42