



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Ackermann, Tim

Club: Wasungen
 Number: 363

Course: 18.50 km
 Lange Strecke

Category:
 Männer (20-29)

Total time: 1:36:35

Speed: 11.18 km/h
 Running performance: 5:13 min/km

Rank in course/Total: 59 (of 116)

Rank in course/Men: 52 (of 94)

Best time in course: 1:06:23

Rank in category: 1(of 2)

Best time in the category: 1:36:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	49:40	5:20	1	-	59	16:55	9.30	49:40	5:20	1	-	59	16:55
Runde	9.00	46:09	5:07	1	-	48	13:10	18.30	1:35:49	5:14	1	-	52	30:05
Finish	0.20	0:46	3:50	1	-	18	0:07	18.50	1:36:35	5:13	1	-	52	30:12