



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Büttner, Chris

Club: Ilmenau-Unterpörlitz
 Number: 344

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M30 (30-34)

Total time: 1:36:49

Speed: 11.16 km/h
 Running performance: 5:14 min/km

Rank in course/Total: 60 (of 116)

Rank in course/Men: 53 (of 94)

Best time in course: 1:06:23

Rank in category: 3(of 7)

Best time in the category: 1:15:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	46:05	4:57	3	8:40	51	13:20	9.30	46:05	4:57	3	8:40	51	13:20
Runde	9.00	49:47	5:31	3	12:31	56	16:48	18.30	1:35:52	5:14	3	21:11	53	30:08
Finish	0.20	0:57	4:44	5	0:15	65	0:18	18.50	1:36:49	5:14	3	21:26	53	30:26