



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Klein, Werner

Number: 288

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M65 (65-69)

Total time: 1:36:55

Speed: 11.45 km/h
 Running performance: 5:14 min/km

Rank in course/Total: 61 (of 116)

Rank in course/Men: 54 (of 94)

Best time in course: 1:06:23

Rank in category: 2(of 4)

Best time in the category: 1:30:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	47:35	5:06	2	2:56	53	14:50	9.30	47:35	5:06	2	2:56	53	14:50
Runde	9.00	48:24	5:22	2	3:20	52	15:25	18.30	1:35:59	5:14	2	6:16	54	30:15
Finish	0.20	0:56	4:39	4	0:02	62	0:17	18.50	1:36:55	5:14	2	6:17	54	30:32