



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Petermann, Sebastian

Club: Kesselbrunn Runners
 Number: 346

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M40 (40-44)

Total time: 1:48:19

Speed: 9.97 km/h
 Running performance: 5:51 min/km

Rank in course/Total: 86 (of 116)

Rank in course/Men: 73 (of 94)

Best time in course: 1:06:23

Rank in category: 18(of 23)

Best time in the category: 1:11:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	51:26	5:31	18	17:08	67	18:41	9.30	51:26	5:31	18	17:08	67	18:41
Runde	9.00	55:48	6:11	19	20:18	78	22:49	18.30	1:47:14	5:51	18	36:33	73	41:30
Finish	0.20	1:05	5:24	19	0:26	80	0:26	18.50	1:48:19	5:51	18	36:56	73	41:56