



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Kruse, René

Club: WalschbergRunners
Number: 118

Course: 9.50 km
Kurze Strecke

Category:
Senioren M50 (50-54)

Total time: 45:10

Speed: 11.96 km/h
Running performance: 4:45 min/km

Rank in course/Total: 38 (of 248)

Rank in course/Men: 34 (of 152)

Best time in course: 33:01

Rank in category: 6(of 14)

Best time in the category: 39:03