



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Maurer, Mirko

Number: 301

Course: 18.50 km
Lange Strecke

Category:
Senioren M40 (40-44)

Total time: 1:50:36

Speed: 9.76 km/h

Running performance: 5:59 min/km

Rank in course/Total: 89 (of 116)

Rank in course/Men: 76 (of 94)

Best time in course: 1:06:23

Rank in category: 19(of 23)

Best time in the category: 1:11:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	9.30	54:13	5:49	20	19:55	80	21:28	9.30	54:13	5:49	20	19:55	80	21:28
Runde	9.00	55:18	6:08	18	19:48	74	22:19	18.30	1:49:31	5:59	19	38:50	76	43:47
Finish	0.20	1:05	5:24	19	0:26	80	0:26	18.50	1:50:36	5:58	19	39:13	76	44:13