



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Hohe, Annette

Total time: 1:51:12

Number: 281

Speed: 9.71 km/h

Running performance: 6:01 min/km

Course: 18.50 km

Rank in course/Total: 90 (of 116)

Lange Strecke

Rank in course/Women: 14 (of 22)

Best time in course: 1:14:48

Category:

Rank in category: 2(of 4)

Seniorinnen W50 (50-54)

Best time in the category: 1:44:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	52:41	5:39	2	0:48	16	15:20	9.30	52:41	5:39	2	0:48	16	15:20
Runde	9.00	57:32	6:23	3	5:32	16	20:46	18.30	1:50:13	6:01	2	6:20	14	36:06
Finish	0.20	0:59	4:54	3	0:05	13	0:18	18.50	1:51:12	6:00	2	6:24	14	36:24