



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Eichner, Kristin

Total time: 1:51:59

Number: 262

Speed: 9.64 km/h

Running performance: 6:03 min/km

Course: 18.50 km

Rank in course/Total: 95 (of 116)

Lange Strecke

Rank in course/Women: 17 (of 22)

Best time in course: 1:14:48

Category:

Rank in category: 3(of 3)

Seniorinnen W40 (40-44)

Best time in the category: 1:35:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	52:04	5:35	3	4:41	12	14:43	9.30	52:04	5:35	3	4:41	12	14:43
Runde	9.00	58:48	6:31	3	11:41	20	22:02	18.30	1:50:52	6:03	3	16:22	17	36:45
Finish	0.20	1:07	5:34	3	0:13	20	0:26	18.50	1:51:59	6:03	3	16:33	17	37:11