



18. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Eichner, Kristin

Total time: 1:51:59

Number: 262

Speed: 9.64 km/h

Running performance: 6:03 min/km

Course: 18.50 km

Rank in course/Total: 95 (of 116)

Lange Strecke

Rank in course/Women: 17 (of 22)

Best time in course: 1:14:48

Category:

Rank in category: 3(of 3)

Seniorinnen W40 (40-44)

Best time in the category: 1:35:26

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde              | 9.30     | 52:04      | 5:35         | 3           | 4:41        | 12        | 14:43        | 9.30          | 52:04      | 5:35         | 3        | 4:41        | 12        | 14:43        |
| Runde              | 9.00     | 58:48      | 6:31         | 3           | 11:41       | 20        | 22:02        | 18.30         | 1:50:52    | 6:03         | 3        | 16:22       | 17        | 36:45        |
| Finish             | 0.20     | 1:07       | 5:34         | 3           | 0:13        | 20        | 0:26         | 18.50         | 1:51:59    | 6:03         | 3        | 16:33       | 17        | 37:11        |