



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Köhler, Anett

Total time: 1:51:58

Number: 289

Speed: 9.91 km/h

Running performance: 6:03 min/km

Course: 18.50 km

Rank in course/Total: 94 (of 116)

Lange Strecke

Rank in course/Women: 16 (of 22)

Best time in course: 1:14:48

Category:

Rank in category: 1(of 1)

Seniorinnen W35 (35-39)

Best time in the category: 1:51:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Runde	9.30	52:04	5:35	1	-	12	14:43	9.30	52:04	5:35	1	-	12	14:43				
Runde	9.00	58:47	6:31	1	-	19	22:01	18.30	1:50:51	6:03	1	-	16	36:44				
Finish	0.20	1:07	5:34	1	-	20	0:26	18.50	1:51:58	6:03	1	-	16	37:10				