



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Reimann, Tobias

Club: SV 08 Oehrenstock
 Number: 307

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M55 (55-59)

Total time: 1:53:07

Speed: 9.55 km/h
 Running performance: 6:07 min/km

Rank in course/Total: 98 (of 116)

Rank in course/Men: 80 (of 94)

Best time in course: 1:06:23

Rank in category: 9(of 11)

Best time in the category: 1:20:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	53:44	5:46	10	13:01	77	20:59	9.30	53:44	5:46	10	13:01	77	20:59
Runde	9.00	58:14	6:28	9	19:06	80	25:15	18.30	1:51:58	6:07	9	32:07	80	46:14
Finish	0.20	1:09	5:44	9	0:24	86	0:30	18.50	1:53:07	6:06	9	32:31	80	46:44