



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Jenzewski, Marcel

Club: Leipzig
Number: 232

Course: 9.50 km
Kurze Strecke

Category:
Senioren M40 (40-44)

Total time: 35:21

Speed: 16.12 km/h
Running performance: 3:43 min/km

Rank in course/Total: 3 (of 248)

Rank in course/Men: 3 (of 152)

Best time in course: 33:01

Rank in category: 1(of 15)

Best time in the category: 35:21