



18. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Schreiber, Dirk

Club: Erfurt
 Number: 341

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M50 (50-54)

Total time: 1:59:41

Speed: 9.02 km/h
 Running performance: 6:28 min/km

Rank in course/Total: 105 (of 116)

Rank in course/Men: 85 (of 94)

Best time in course: 1:06:23

Rank in category: 19(of 19)

Best time in the category: 1:14:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	59:10	6:21	19	22:29	88	26:25	9.30	59:10	6:21	19	22:29	88	26:25
Runde	9.00	59:15	6:34	19	21:57	83	26:16	18.30	1:58:25	6:28	19	44:26	85	52:41
Finish	0.20	1:16	6:19	19	0:34	92	0:37	18.50	1:59:41	6:28	19	45:00	85	53:18