



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

**Kraus, Toni**

Club: LSV Ilmenau  
Number: 112

Course: 9.50 km  
Kurze Strecke

Category:  
männliche Jugend U20 (18-19)

Total time: 45:56

Speed: 11.76 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 44 (of 248)

Rank in course/Men: 40 (of 152)

Best time in course: 33:01

Rank in category: 3(of 3)

Best time in the category: 39:20