



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Wolf, Christian

Club: Leipzig
Number: 213

Course: 9.50 km
Kurze Strecke

Category:
Senioren M40 (40-44)

Total time: 35:58

Speed: 15.85 km/h
Running performance: 3:47 min/km

Rank in course/Total: 4 (of 248)

Rank in course/Men: 4 (of 152)

Best time in course: 33:01

Rank in category: 2(of 15)

Best time in the category: 35:21