



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Vogel, Michael

Club: WSV Ilmenau Alpine
Number: 197

Course: 9.50 km
Kurze Strecke

Category:
Senioren M50 (50-54)

Total time: 46:12

Speed: 12.34 km/h
Running performance: 4:52 min/km

Rank in course/Total: 49 (of 248)

Rank in course/Men: 45 (of 152)

Best time in course: 33:01

Rank in category: 7(of 14)

Best time in the category: 39:03