



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt
Number: 181

Course: 9.50 km
Kurze Strecke

Category:
Senioren M50 (50-54)

Total time: 46:31

Speed: 12.25 km/h
Running performance: 4:54 min/km

Rank in course/Total: 52 (of 248)

Rank in course/Men: 48 (of 152)

Best time in course: 33:01

Rank in category: 8(of 14)

Best time in the category: 39:03