



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Liebig, Uwe

Club: P2

Number: 125

Course: 9.50 km

Kurze Strecke

Category:

Senioren M60 (60-64)

Total time: 48:06

Speed: 11.85 km/h

Running performance: 5:04 min/km

Rank in course/Total: 65 (of 248)

Rank in course/Men: 54 (of 152)

Best time in course: 33:01

Rank in category: 5(of 15)

Best time in the category: 43:27