



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Riedel, Theresa

Number: 159

Course: 9.50 km
Kurze Strecke

Category:
Frauen (20-29)

Total time: 48:44

Speed: 11.70 km/h

Running performance: 5:08 min/km

Rank in course/Total: 73 (of 248)

Rank in course/Women: 12 (of 96)

Best time in course: 40:45

Rank in category: 4(of 12)

Best time in the category: 40:45