



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Knabe, Robert

Club: ThSV 1886 Geschwenda
Number: 107

Course: 9.50 km
Kurze Strecke

Category:
Männer (20-29)

Total time: 49:22

Speed: 11.55 km/h
Running performance: 5:12 min/km

Rank in course/Total: 78 (of 248)

Rank in course/Men: 65 (of 152)

Best time in course: 33:01

Rank in category: 8(of 14)

Best time in the category: 41:56