



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Thäsler, Sascha

Number: 192

Course: 9.50 km
Kurze Strecke

Category:
Senioren M50 (50-54)

Total time: 49:50

Speed: 10.84 km/h

Running performance: 5:15 min/km

Rank in course/Total: 88 (of 248)

Rank in course/Men: 72 (of 152)

Best time in course: 33:01

Rank in category: 9(of 14)

Best time in the category: 39:03