



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Gerlach, Günter

Number: 57

Course: 9.50 km

Kurze Strecke

Category:

Senioren M60 (60-64)

Total time: 50:32

Speed: 10.69 km/h

Running performance: 5:19 min/km

Rank in course/Total: 94 (of 248)

Rank in course/Men: 75 (of 152)

Best time in course: 33:01

Rank in category: 7(of 15)

Best time in the category: 43:27