



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Abicht, Andrea

Number: 1

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W30 (30-34)

Total time: 50:50

Speed: 10.62 km/h

Running performance: 5:21 min/km

Rank in course/Total: 97 (of 248)

Rank in course/Women: 20 (of 96)

Best time in course: 40:45

Rank in category: 1(of 8)

Best time in the category: 50:50