



# 12. Inselsberg Marathon

Bad Tabarz / 02.07.2023

## Detailed evaluation

Alexander Ehrlich

Number: 62

Course: 36.60 km

2 Runden

Category:

C - Herren Masters

Total time: 3:07:30

Speed: 11.52 km/h

Running performance: 5:07 min/km

Rank in course/Total: 19 (of 26)

Rank in course/Men: 19 (of 25)

Best time in course: 2:09:02

Rank in category: 6(of 10)

Best time in the category: 2:28:00

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	18.30	1:32:04	5:01	8	26:38	22	28:52	18.30	1:32:04	5:01	8	26:38	22	28:52
Pumptrack	18.30	1:35:26	5:12	9	1:35:26	22	1:35:26	36.60	3:07:30	5:07	6	39:30	19	58:28